



**BOY SCOUTS OF AMERICA**  
**Delaware and Montgomery**  
**Counties, Penna.**

Bulletin	1
March, 1923	

LEFAX FILING INDEX

**MARCH**

- Mar. 1 Decathlon Contest closes (all reports in by March 18).
- Mar. 3 Troop Committee Conference (Philadelphia). Central Y. M. C. A., Room No. 220.
- Mar. 10 Movies, 69th St. Theatre 10 A.M.
- Mar. 30 End of Winter Inspection.
- Mar. 31 Scoutmasters Forum (Norristown Y. M. C. A.)

**APRIL**

- Apr. 1 Begin Spring Inspection.
- Apr. 7 \*District Treasure Hunt.
- Apr. 21 \*District Championship (Rain or Shine).

**MAY**

- May 1 Spring Inspection continued.
- May 5 Troop Committee Conference (Swarthmore).
- May 19 \*Counties Championship Meet (Rain or Shine).

**DECATHLON CONTEST**

**Begins November 1, ends March 1**

The contest is now over and be sure to send in your scores at once, as awards will be made right after March 18th, and if your report is not in then you will have no chance of winning. Be prompt in this, for who knows, maybe a boy in your troop may be declared Champion, and if he has more points than the one winning, but you failed to get your report in, a great injustice is done him. Do not forget the date, all reports must be in by **March 18.**

We will also be glad to receive whatever suggestions you might have to make a future contest more successful

**SCOUTMASTERS FORUM**

**Y. M. C. A., Airy and DeKalb Sts.,**  
**Norristown, March 31st**

- 3.00-3.30—Greetings.
- 3.30-3.45—Introductions.
- 3.45-4.30—Applying the Scout Ideals through outdoor work.
- 4.30-5.00—Map Making—Asst. Scoutmaster Troop No. 32, Phila.
- 5.00-5.30—First Aid and Health.
- 5.30-6.00—Siesta.
- 6.00-7.00—Supper.
- 7.00-7.30—Jokes and Stories.
- 7.30-9.00—Evening feature.

\*Designate official County Activities in Troop Inspection.

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## TROOP REGISTRATION

We are extremely anxious to have all our troops registered with National Headquarters on time. Will you not therefore send yours in at once, if it is due? Thank you. We know that you do not wish to be dropped from our mailing list on April 1st.

The following troops have not yet sent in their registration for 1923.

Abington No. 1	Norristown No. 6
Ambler No. 1	Norristown No. 7
Ardmore No. 1	Norristown No. 11
Ardmore No. 2	North Wales No. 1
Bridgeport No. 2	Norwood No. 1
Clifton Heights	Oaks No. 1
Conshohocken No. 3	Plymouth Meeting
Darby No. 1	Port Kennedy
Eagleville No. 1	Pottstown No. 8
Flourtown No. 1	Ridley Park No. 1
Gladwyne No. 1	Rosemont
Hatboro No. 1	Rutledge No. 1
Hatfield	Springfield No. 1
Ithan	Stowe No. 1
Linfield No. 1	Trappe No. 1
Narberth No. 1	Upper Darby No. 1
Norristown No. 2	W. Conshohocken

### Merit Badges

Ambler No. 2.....	2	North Wales No. 1..	6
Gwynedd No. 1.....	16	North Wales No. 2..	21
Lansdale No. 3.....	6	Oreland.....	5
Llanerch 2.....	9		

Total number of badges passed during February 65

### *Life and Star Badges*

Donald Van Billiard, Gwynedd.

### *Eagle Badge*

Charles Weikel, North Wales No. 2.

### New Troops

<i>Troop</i>	<i>Scoutmaster</i>
Fort Washington.....	William M. Clark
Wynnewood.....	David H. Spratt

### District Treasure Hunt

April 7, 1923

Instead of the Delmont Relay we are going to have a Treasure Hunt in each District. Headquarters will furnish one prize to each of the nine Districts. In most Districts the troops contribute to a District fund in charge of the field Executive, who purchases additional prizes for this event. We want to make this a banner event as it is our first Spring Activity, so "Pass the word along."

## CAMP DELMONT

Reveille sounds, and with it, voices are heard down the line. "Everybody out", shouts "Bert." Forms emerge, some shining in pajamas, or more abbreviated, garb; ready for the morning dip, and back in a hurry to get to breakfast.

"Say, Scouts, don't that make you feel homesick for dear old Delmont? Are you going to be among the lucky ones who will enjoy a week or two in Camp this season?"

Big doings are planned for Delmont this year and now is the time for all of us to plan ways and means of again enjoying our vacation at Delmont.

The Camp booklet will be mailed you as soon as it comes from the press.

Three long rahs and three Delmonts on the end. Let's go!

## ANNOUNCEMENTS

We have found a man in our Field who has made it a hobby to collect Butterflies and Minerals. He will be glad to have a group of boys come to his home in Bala to see these. For particulars communicate with Mr. Isaac C. Sutton, 812 Otis Bldg., Phila.

Dr. Thornington, Jr., has given his consent to showing pictures of Mountain Climbing. He has made slides of pictures taken while on these trips, and is willing to give the lectures to the Troops interested. His expenses must be met by the Troop.

## WEEK END HIKES

It has been brought to Headquarters' attention that there are some troops in our field who still make it a practice to disregard attending Church or Sunday School, while on week end hikes. In most cases, the troop could attend a Church service in the neighborhood or could return in time to go to their respective Churches. We would appreciate your cooperation in helping us overcome this criticism.

## DISTRICT MEET APRIL 21st.

Are you prepared for the next big event on our calendar, the District Meet to be held on April 21st.

The Counties' Reunion, Valley Forge Pilgrimage and the Annual Meeting were great successes this year. Are you going to help keep the Meet and also the Championship Meet in May, up to this standard?

It is hoped that more troops will compete this year than ever before. Will your boys be there? Place and time will be sent with full details soon.

## VALLEY FORGE OUTING

The largest congregation of Boy Scouts that ever assembled in Valley Forge was that which greeted Rev. Burk at the Annual Services on Washington's Birthday, last.

Over 1000 Scouts attended this Pilgrimage, 66 Troops being represented.

### The Troops present, follow:

Aldan No. 1.....	12	Merion No. 1.....	14
Ambler No. 2.....	17	Morton No. 1.....	14
Ardmore No. 1.....	15	Morton No. 2.....	19
Ardmore No. 2.....	3	Narberth No. 1.....	31
Ashbourne.....	5	Norristown No. 1.....	5
Bala No. 1.....	4	Norristown No. 2.....	16
Bala No. 2.....	9	Norristown No. 3.....	11
Barren Hill.....	11	Norristown No. 8.....	14
Bryn Mawr No. 1....	34	Norristown No. 11....	10
Bridgeport.....	17	North Wales No. 1...	16
Center Square.....	16	North Wales No. 2...	14
Collegeville.....	16	Norwood.....	5
Collingdale No. 2...	11	Oreland No. 1.....	2
Colwyn No. 1.....	20	Pennsburg.....	31
Conshohocken No. 1..	38	Pottstown No. 2... }	18
Drexel Hill.....	24	Pottstown No. 4... }	
Essington No. 1.....	11	Pottstown No. 6... }	
Edge Hill No. 1.....	29	Pottstown No. 10. }	
Fort Washington.....	8	Pottstown No. 11. }	
Gladwyne No. 1.....	7	Prospect Park.....	12
Glenolden No. 2.....	3	Ridley Park Nos. 1	
Glen Riddle.....	9	and 2.....	30
Glenside No. 1.....	6	Red Hill.....	18
Glenside No. 2.....	6	Sharon Hill No. 1....	17
Highland Park.....	9	Sharon Hill No. 2....	12
Jeffersonville.....	28	Skippack.....	10
Jenkintown.....	14	Schwenksville No. 1..	16
Lansdowne No. 1....	20	Swarthmore No. 1....	32
Lansdale No. 3.....	16	Trappe.....	1
Lansdale No. 4.....	27	Wayne.....	20
Lester No. 1.....	6	Whitemarsh.....	16
Llanerch No. 2.....	4	Wyncote.....	11
Marple-Newtown....	8	Wynnewood.....	18
		Unattached.....	77

### Districts present:

Central.....	141	Northern.....	155
Media.....	74	Eastern.....	71
Southern.....	159	Pottstown.....	18
Perkiomen.....	98	Main Line.....	166
Upper Darby.....	45	Unattached.....	77

Total.....1004

## FALL INSPECTION, 1922

Inspection made months October, November, Dec., 1922.

Abington.....	54	Jenkintown.....	80
Aldan.....	40	Lester.....	81
Ardmore No. 1.....	2	Media No. 1.....	73
Ardmore No. 2.....	0	Merion No. 1.....	76
Ashbourne.....	65	Morton No. 1.....	79
Bala-Cynwyd No. 2.....	77	Morton No. 2.....	54
Bridgeport No. 1.....	75	Norristown No. 1.....	90
Bryn Mawr No. 1.....	65	Norristown No. 2.....	70
Center Square.....	68	Norristown No. 5.....	59
Cold Point.....	72	Norristown No. 8.....	78
Collingdale No. 2.....	74	Norristown No. 9.....	66
Colwyn.....	67	Norristown No. 11.....	83
Conshohocken No. 1.....	85	Penn Square.....	72
Drexel Hill.....	63	Pottstown No. 6.....	54
E. Lansdowne No. 1.....	66	Pottstown No. 11.....	61
Edge Hill No. 2.....	62	Pottstown No. 12.....	53
Elam.....	68	Ridley Park No. 2.....	78
Essington.....	67	Rosemont.....	48
Folsom.....	3	Roslyn.....	37
Glenolden No. 1.....	37	Rutledge.....	64
Glenolden No. 2.....	65	Springfield.....	84
Glen Riddle.....	71	Swarthmore No. 1.....	67
Glenside No. 2.....	92	Wallingford.....	58
Jeffersonville.....	71	Wyncote.....	80

## Good Troop Meeting Programs

The following set-up is from the Milwaukee Council. This program is based on form 90-minute meeting each month.

Activity	Times a Month		Minutes each Meeting	
	Minimum	Maximum	Minimum	Maximum
Assembly—Present colors, salute flag and officials.....	4	4	3	3
Patrol Meetings.....	10	4	3	5
P. L. Reports or Roll Call and Collection of Dues.....	4	4	1	3
Business Meetings.....	1	2	3	15
Inspiration Talk.....	4	4	3	5
Good Turns (written before Meeting, and award of Good Turn Badge).....	4	4	2	5
Investiture Ceremony for Tenderfoot and 2nd class.....	1	2	5	10
Scoutcraft Instruction, Exams. and Inter-Patrol Contests.....	3	4	20	40
Drill.....	1	2	10	20
Inspection.....	1	2	5	10
Physical Exercises.....	1	2	10	20
Athletics (basketball, etc.).....	00	00	00	00
Stories, Jokes, etc.....	1	2	5	30
Group Games (Patrol basis).....	2	4	20	30
Songs and Yells.....	1	2	5	10
Special Notices.....	4	4	3	5
Plans for scoutcraft activities during the coming week.....	4	4	5	15
Closing Ceremony, including repetition of Scout Oath and Law, Scout Benediction, Prayer, Return of Colors—Taps.....	4	4	5	10
Patrol Leaders' Conference (after each meeting).....	4	4	5	15
Special Speakers.....	1	2	10	20
Special Entertainment.....	1	1	15	15

## ONE MONTH'S PROGRAM BASED ON ABOVE

### First Meeting

#### Minutes

3. Assembly, present colors, salute flag and officials.
2. Patrol Leader reports.
15. Business meeting.
3. Inspirational talk.
2. Good Turns, written, award.
20. Scoutcraft instruction.
15. Drill.
15. Stories, jokes.
5. Special notices.
5. Plans for scoutcraft during the week.
5. Closing ceremony.

90 minutes—1½ hours.

15 minutes Patrol Leader conference after meeting.

### Second Meeting

#### Minutes

3. Assembly, present colors, salute flag-officers.
2. Patrol Leader reports.
3. Inspirational talk.
2. Good Turns and award.
20. Scoutcraft instruction and examinations.
10. Physical exercises.
25. Group games on Patrol basis.
10. Songs and yells.
5. Special notices.
5. Plans for scoutcraft activities during the week.
5. Closing ceremony.

90 minutes.

15 minutes P. L. conference.

### Third Meeting

#### Minutes

3. Assembly, present colors, salute flag and officials.
2. Patrol Leader reports.
3. Inspirational talk.
2. Good Turns and award.
30. Scoutcraft instruction and examinations.
10. Inspection by Committeeman.
20. Group games on Patrol basis.
5. Special notices.
10. Plans for scoutcraft activities during the coming week.
5. Closing ceremony.

90 minutes.

15 minutes P. L. conference.

### Fourth Meeting

#### Minutes

3. Assembly, etc.
2. Patrol Leaders' reports.
3. Inspirational talk.
2. Good Turn reports and award.
10. Investiture ceremony for Tenderfoot and 2nd class Scouts.
10. Voice and pep drill.
5. Songs and yells.
5. Special notices.
5. Plans for scoutcraft activities for the week.
20. Special speaker furnished by Chairman of Committee.
20. Special entertainment.
5. Closing ceremony.

90 minutes.

15 minutes P. L. conference.

THE GOOD SCOUTMASTER ALWAYS PLANS HIS PROGRAM IN ADVANCE AND HAS IT DOWN IN BLACK AND WHITE AND FOLLOWS THIS PROGRAM AT HIS MEETING.

## SUBMERGING THE SCOUTMASTER

The diagram of a troop-meeting shown below, was submitted by Lawrence Harris, Scout Executive in Glen Falls, N. Y., as one which has worked successfully in many troops. His idea is that the real secret is to muzzle the scoutmaster during the meeting, until the closing time, when he stands under an up-lifted club, timed to fall in five minutes, and speaks of the work for the week ahead. The scoutmaster plans in advance for the meeting, just what is to happen and who is to be responsible for it. Then by keeping in the background at the meeting, his closing words have greater weight and are remembered. Worth trying. Here is Mr. Harris' diagram:

**TROOP No. .... PROGRAM FOR ..... 1923**

EVENTS	DETAILS	TIME	LEADERS
OPENING	Oath, Law, Motto, Habit, Flag Pledge, Roll Call by Patrols (Prayer optional)	10	
CLASSES	Subjects:	20 to 30	
GAME	Name or Description:	10 to 15	
GENERAL SUBJECT	Of interest to all:	10 to 30	
GAME, SONG, ETC.		10 to 15	
CLOSING	Assembly Scoutmaster's 5 minutes Announcements Scout Benediction (Prayer optional)	10 to 15	

# KNOTS, HITCHES AND BENDS

C. W. Hunt Co., N. Y.

John Simmons Co. N. Y.

ROPE

KNOTS, BENDS

HITCHES

LEFAX FILING INDI

The principle of a knot is that no two parts which would move in the same direction if the rope were to slip, should lie alongside of and touching each other. This principle is clearly shown in the square knot "I."

## Practical Terms

- Knot:** A loop or fastening in a rope.  
**Bend:** Attaching two ropes together or to an object.  
**Hitch:** Attaching a rope to an object.  
**Taut:** Drawn tight or strained.  
**Bight:** A loop in the rope.  
**Fall:** The rope in a hoisting tackle.  
**Tackle:** An assemblage of ropes and blocks.

Below is given a list of knots which are illustrated on the following pages:

A. **Bight of a rope.**

B. **Simple or Overhand Knot.**

C. **Figure 8 Knot.** May be employed as a stop on a rope; is less injurious to the fiber and more easily undone than either single or double overhand knot.

D. **Double Knot.**

E. **Boat Knot (Marlin-spike Hitch).** Suitable for quickly making a rope ladder or getting a temporary pull on a rope with a marlin-spike. No free ends required to form this knot. The point marked *p* must always be at the back of the spike or rung of ladder, away from the direction of the weight or pull.

F, G, H. **Bowline.** A generally useful knot when a loop of any sort that will not slip is required, as in a sling for lowering a man, or fastening a bucket to a rope.

I. **Square or Reef Knot.** Commonly used knot for joining ropes of equal size when not of very large diameter. Fairly easily undone when properly tied.

J. **Sheet Bend or Weavers' Knot.** The best knot for small cord, twine or fish line.

K. **Sheet Bend with a toggle to facilitate untying.**

L. **Carrick Bend.** Employed for joining heavy ropes. Ends must be lashed to prevent knot pulling together and to facilitate untying.

N, M. **Stevedore Knot.** Useful as a stop on a rope to prevent the end going through an eye, as in a pulley block. It is also employed instead of sewing the rope end with twine.

O. **Slip Knot (Simple Running Knot).**

P. **Flemish Loop.** Neither so secure or so easily done as a bowline. The security depends almost entirely upon the check knot.

Q. **Chain Knot with Toggle.** This method of shortening a rope has the advantage that when toggle is pulled out the rope entirely undoes itself under a slight strain.

R. **Half Hitch.** A quick and simple way of securing a rope to a timber when no great pull is expected.

S. **Timber Hitch.** Best and simplest of all timber hitches and may be used for towing or otherwise handling timber, rods, pipes, etc.; also for starting lashings on any kind of pole work.

T. **Clove Hitch.** Most useful of all hitches as it will take a strain in either direction without slackening. Used for mooring ships, on heads of derricks for guy lines and all kinds of rigging work. It is easily undone, or a bight may be put in instead of one end to use as a slip. When commencing to tie the hitch on a horizontal bar, the rule is over and back below, or the reverse of the procedure in tying a half hitch.

U. **Rolling Hitch.** This lashing is used for getting a grip on a large rope with a smaller one. Made in chain it can be applied to wire ropes and will not slip when the load has been

General

LEFAX, Philadelphia, Oct. 1916